

Who We Are

One Stop Wellness is a comprehensive wellness company that offers interactive services to keep employees **engaged, educated, and energized.**



Our Vision

Our mission is to redefine employee engagement and performance through **recognition, meaningful interactions, and holistic interventions!**



The Problem

Most "**wellness programs**" scare participants with data, instead of helping them improve their situation.

Also, many programs use a "**one-size-fits-all**" approach which is often irrelevant to employee's well-being priorities and result in disengagement.

Our Solution

1

We've designed each program to be **less clinically-based and more physical & lifestyle-oriented.**

2

We **start with what's right** by first helping employees to identify their strengths and then coach them to tackle their challenges.

3

We **customize** each program to fit the needs and culture of your organization, and **periodically assess** to ensure you're moving in the right direction!



The One Stop Shop for all your Employee Needs

We have crafted 3 Entry Level Programs to help you get started



ENGAGEMENT AMBASSADOR

You are starting to seek sustainable engagement solutions and are looking for more than just a basic health fair.

LEVEL
01

LEVEL
02

ENGAGEMENT INNOVATOR

You have somewhat of a wellness plan in place and are looking for a full make-over to create a highly-energized culture of health.



ENGAGEMENT CHAMPION

You want results. You want accountability. You want your company to be known for its sustainable engagement programs. You want to be able to evaluate your successes year after year.

LEVEL
03

Signature Services



Your Company and One Stop Wellness

Your employees and their families aren't just another number in our system; **they are individuals with their own stories, goals, and challenges.**

We hand-craft our all our programs based on your company's specific needs to help create an energized & healthy workplace.

Your workforce will be thankful for this experience and they'll be inspired to engage in a more active and purposeful life!

Contact us today



www.onestopwellness.org



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